



CASTELLO DEL SOLE  
ASCONA



ENGLISH

HOTEL CASTELLO DEL SOLE - CH-6612 ASCONA

TELEFON +41 91 791 02 02 - FAX +41 91 792 11 18

[www.castellodelsole.com](http://www.castellodelsole.com) - [info@castellodelsole.ch](mailto:info@castellodelsole.ch)



Swiss Deluxe Hotels

RELAIS &  
CHATEAUX



CASTELLO DEL SOLE

ASCONA

## SPA MENU CASTELLO «SPA & BEAUTY»

The SPA team is looking forward to welcoming you and spoiling you at the Castello «SPA & Beauty». In addition to the listed offers, our staff at the SPA Reception is happy to give you individual advice and draw up a tailor-made treatment programme for you. You can call SPA Réception on 769 or use the external number +41 (0)91 785 86 85.

To ensure that you will enjoy your stay at Castello «SPA & Beauty», please note the following advices

### Take your time

In order for your body and mind to be properly prepared, we recommend that you arrive at Castello «SPA & Beauty» in your bathrobe ten minutes before your treatment starts.

### External guests

You are welcome to get changed at Castello «SPA & Beauty» – we are happy to provide bathrobe and slippers.

### Beauty products to use at home

Would you like you to spoil yourself also at home? The SPA Reception sells various products.

### Gift vouchers

Surprise your loved ones with a Castello «SPA & Beauty» gift voucher – the SPA team is happy to advise you.

### Cancellations

Services that are cancelled less than 24 hours beforehand will be charged at 50% of the original fee; the full fee is charged in case of nonattendance.

### Prices

Prices are in Swiss Francs incl. VAT. We reserve the right to change them.

*Vineasole*  
cosmetica®  
swiss made

vino *Acqua*  
therapie®

---

  
VALMONT

  
THALGO  
LA BEAUTE MARINE

**KLAPP**



CASTELLO DEL SOLE

A S C O N A

## VINOTHERAPY

The powerful effect of the grape has been known since ancient times. Hippocrates, known as the «father of medicine» (460 to 377 BC), already used wine as therapy for his patients. However, the roots of today's therapy lie in France, in the era of the Sun King Louis XIV. Baths with traces of wine sediment were also discovered in the 17th century. These wine marc baths were used in the treatment of sciatica, arthritis and similar ailments. In 1991, another Frenchman succeeded in providing scientific proof of the effects of this therapy: Serge Renaud discovered that the polyphenols contained in grapeseed, in particular procyanidine, had an extremely beneficial effect on health - in terms of cell aging, cell regeneration and protection from free radicals.

The secret of successful therapy lies in the correct extraction and use of grapeseed oil. Only cold-pressed grapeseed oil retains essential agents such as polyphenols, vitamins, lecithin and precious fatty acids.

## THE CASTELLO DEL SOLE VINO AQUA-THERAPIE

With a team of five specialists, each from a different professional sphere, the Castello del Sole has fashioned its own product and treatment line: VinoAqua-Therapy. The therapy is based on grapeseed, grapeskin and the leaves of the vine grapes (100% biological). Around 80 to 85% of these natural ingredients are harvested from the hotel's own Terreni alla Maggia vineyard. To achieve optimum blend and quality, the remaining 15 to 20% of grapeseeds are acquired from the vineyard of Daniel Huber from Malcantone.

Our VinoAqua-Therapie (body wraps, peeling, baths, body treatments) makes exclusive use of this precious cold-pressed grapeseed oil. In addition to the already mentioned positive properties, grapeseed oil has an exceptionally beneficial effect on the skin and its structure. The essential agents combat the ongoing process of cell aging and also stimulate and revitalize the skin, thus keeping it healthy.

The natural raw materials are introduced into all products using the latest cosmetic formulation technology – to ensure that the full beneficial effects are released.

## VINEASOLE-COSMETICA

Vineasole-Cosmetica laboratories have carried out intensive research into the factors that influence the vitality of the skin. The findings have led to the creation of a range of skincare products based on agents from vines of the Castello del Sole and Terreni alla Maggia vineyards. A range which successfully nurtures and revitalizes the skin.

The active ingredients of the facere range come from the hotel's own grapeseed oil and grapeseed (peeling) as well as from grape leaf extracts. Using an exclusive patented procedure, a colloid is created from grapeseed oil, the effects of which are far more intense than usual. An innovation in the field of anti-aging cosmetics. The blend of these highly-effective colloidal agents, which are effortlessly absorbed by the skin thanks to their bio-availability, creates a lasting effect. Vineasole-Cosmetica moisturizes and revitalizes, counteracts skin aging and smoothes wrinkles, giving the skin a younger, fresher appearance.



CASTELLO DEL SOLE

ASCONA

## FACIAL TREATMENTS

### VINEASOLE-COSMETICA

#### Facial Treatment Vineasole

Moisturizing treatment to reduce fine wrinkles and lines. Your skin will appear visibly younger, smoother, firmer and more radiant. The cold-pressed grape seed oil maintains a youthful appearance.

90 min. 190.–

#### Facial Treatment Vineasole CellAktiv Woman

Combined with facial treatment Vineasole. This intensive and nourishing gel restores the skin's natural youthfulness. The gel immediately tightens the skin and noticeably and visibly improves the condition of the skin.

90 min. 230.–

### VINEASOLE-COSMETICA FOR MEN

#### Facial Treatment Vineasole

Moisturizing treatment to reduce fine wrinkles and lines, including a pleasant massage.

90 min. 190.–

#### Facial Treatment Vineasole CellAktiv Men

Combined with facial treatment Vineasole. A gel specifically developed for men's skin to reduce all signs of skin aging. The gel visibly improves skin quality.

90 min. 210.–



CASTELLO DEL SOLE  
ASCONA

## VALMONT

### Basic Treatment

This preparatory treatment enhances the benefit and the effect of the Valmont products in the best possible way.

90 min. 190.–

### Moisturizing Vitality Treatment

Moisturizing treatment for a radiant complexion and well-toned skin with collagen mask.

120 min. 220.–

### Regenerating Vitality Treatment

Firming, regenerating treatment with nano-emulsion and collagen mask.

120 min. 220.–

### Intensive Chrono Cellular Lifting Treatment

Innovative lifting treatment for an immediate tightening effect.

120 min. 220.–

### L'Elixir des Glaciers

Luxurious skin care for those who expect the best. Beauty deserves a masterpiece.

120 min. 250.–

### Cleansing / Purifying Treatment

Tackles skin blemishes; deep-cleansing, balancing regulation of sebum secretion.

90 min. 190.–

### Nature by Valmont

Moisturizing, soothing treatment for young skin.

90 min. 190.–

## VALMONT FOR MEN

### Treatment Valmont

Regenerating treatment with deep-cleansing, collagen mask and massage.

90 min. 210.–



CASTELLO DEL SOLE

ASCONA

## BEAUTY TREATMENTS

### Manicure

without nail polish	according to time and effort from	60.–
with nail polish	according to time and effort from	75.–
with french nail		110.–
changing of nail polish		30.–
paraffin hand care		45.–

### Pedicure

without nail polish	according to time and effort from	80.–
with nail polish	according to time and effort from	90.–
with french nail		110.–
Medical pedicure without nail polish		120.–

### Around the eyes

Dye Eyelashes		40.–
Dye Eyebrows		30.–
Eyebrow correction		15.–
Make-up	according to time and effort from	55.–

### Warm wax depilation

Upper Lip		20.–
Chin		20.–
Full leg	according to time and effort from	75.–
Half leg	according to time and effort from	50.–
Bikini	according to time and effort from	40.–
Arm pits		40.–

### Back Treatment

Vapozon, peeling, deep cleansing, pack and lotion - 45 min.		80.–
---	--	------

## MEDICAL TREATMENTS

Cosmetic dermatology is a gentle yet effective way to counteract the effects of skin aging. The aim of the treatment is to maintain a natural look and to restore a fresh, relaxed and balanced appearance. Resident dermatologist Dr Roberto Antenna will support you with efficient methods and professional expertise. The SPA Réception staff will be happy to inform you about the various treatment options.



CASTELLO DEL SOLE  
ASCONA

## BODY THERAPIES

<b>Full body algae pack-warm(36°C)</b>	60 min.	130.–
<b>With Peeling</b>	90 min.	190.–
Detoxifying, relaxing and revitalizing.		
<b>Full body algae pack-cold</b>	60 min.	120.–
<b>With Peeling</b>	90 min.	180.–
Detoxifying, purifying and firming.		
<b>Aromaceane</b>	60 min.	130.–
A unique body pack which combines natural sea mud and essential oils.		
<b>Natural sea mud pack</b>	75 min.	180.–
Peeling with natural sea mud from the Dead Sea and sea salt, rich in minerals such as copper, zinc and magnesium.		
<b>Thalasso Therapy</b>	120 min.	230.–
Body peeling, sea salt bath with light therapy, full body algae pack and body care.		

## CELLULITE TREATMENTS

<b>Thalgomince LC 24</b>	90 min.	190.–
<b>With Peeling</b>	105 min.	230.–
The beauty mask for your body! Firming and relaxing, for a smooth skin. Against cellulite.		

## RELAX

<b>Thalgo Indocéane</b>	120 min.	280.–
Thalgo takes you to an expedition through fragrances and rituals of 4 countries and cultures. Release the nervous tensions from your body and esprit and feel the energy circulate again. Salt and sugar peeling (Mediterranean), milk bath (Egypt), massage (India), full body pack (China).		
<b>Thalgo Mémoire Océane</b>	120 min.	280.–
The maritime SPA experience. Find back to yourself and experience the benefits of the sea. Your skin will look fresher and more radiant, it will be revived and protected from environmental damage.		



\*\*\*\*\*

CASTELLO DEL SOLE

ASCONA

## VINOAQUA-THERAPIE

<b>VinoAqua-Therapy</b> - Cell-regenerating peeling - Revitalizing Chardonnay bath or soothing Merlot bath - Detoxing & drainage wrap - Moisturizing body treatment	120 min.	230.–
<b>Peeling &amp; Body Treatment</b> - Cell-regenerating peeling - Moisturizing body treatment	45 min.	120.–
<b>Chardonnay or Merlot Bath</b> - Revitalizing Chardonnay bath or soothing Merlot bath	20 min.	60.–
<b>Wrap &amp; Body Treatment</b> - Detoxing & drainage wrap - Moisturizing body treatment	60 min.	130.–

## BATHS

### Hydro massage with light therapy

These baths stimulate the body system and have a regenerating effect. The underwater massage with addition of sea salt, algae and essential oils brings about excellent results.

<b>Thalasso aroma oil baths</b>	20 min.	60.–
Aroma «Minceur» stimulates the reduction of fatty tissue		
Aroma «Drainage» stimulates lymphatic circulation		
Aroma «Relaxant» relaxing, increases wellbeing		
Aroma «Vitalité» vitalizing and invigorating		
<b>Sea salt bath with algae and oligo-elements</b>	20 min.	60.–
<b>Egyptian milk bath with lotus, sandal-wood and vanilla flavour</b>	20 min.	60.–
<b>«Secrets of the Ocean» bath</b>	20 min.	60.–

## BODY PEELINGS

<b>Body peeling with algae, sugar and salt «mediterranean»</b>	50 min.	120.–
<b>Maritime peeling with salt crystals and algae</b>	50 min.	120.–
<b>Sea salt peeling with algae and essential oils</b>	50 min.	130.–
<b>Bodypack with body peeling (for very dry skin)</b>	60 min.	150.–
<b>Full body exfoliation with partial massage</b>	60 min.	150.–



CASTELLO DEL SOLE

ASCONA

## SPA-MASSAGES

### Classic Body Massage

A massage which provides a sense of total relaxation for both body and soul.

50 min. 120.–

### Soft Massage

A soft massage for total relaxation.

50 min. 120.–

### Sports Massage

Pure relaxation for active sportsmen and women. The massage improves blood flow and aids the removal of toxins from skin and muscles.

25 min. 85.–

50 min. 130.–

### Foot Reflex Zone Massage

Various organs in the body are connected to specific points on the sole. A foot reflex zone massage can activate overall energy and healing powers.

25 min. 80.–

50 min. 120.–

### Partial Massage

A massage for a tense back.

25 min. 80.–

### Combi-Massage

A combination of foot reflex zone massage and back massage.

50 min. 120.–

### Aroma Oil Massage

Full body massage with aroma oil, relaxes or vitalizes. Choose your own aroma essence.

50 min. 130.–

## SPECIAL-MASSAGES

### Softpack

This water bed gently massages your body using sound waves.

20 min. 50.–

40 min. 80.–

### Softpack with partial massage

After the Softpack, back and neck will be loosened.

50 min. 130.–

### CHI YANG Massage

Chi Yang massage is a treatment for the full body. Tensions are released and positive energy is activated.

70 min. 170.–

### Hot Stone-Therapy

This massage activates blood circulation and relaxation of muscles with the help of hot stones.

90 min. 210.–

### Physiotherapy

Our physiotherapist will be most happy to advise you individually.

25 min. 80.–

50 min. 120.–



CASTELLO DEL SOLE  
ASCONA

## FITNESS & GYMNASTICS

Personal training	1 person	50 min.	110.–
	2 persons	50 min.	150.–

Pilates, back gymnastics, stretching, Thera-band gymnastics  
Aqua gym, aqua jogging, Kids-Fit, tummy / legs / bum, Fitball gymnastics

Group lessons with personal trainer on request!

### Fitness equipment by TechnoGym

To ensure that you use the fitness equipment properly, our personal trainer is happy to help.

Explanation of equipment			free
Explanation of equipment with individual training		50 min.	110.–

## SOLARIUM

Before your first tanning session, we are happy to explain the ideal session length for you.  
The tokens are available from the SPA reception.

Solarium		5 min.	7.–
----------	--	--------	-----

## SPA-SUITE

Our SPA suite offers you private and unforgettable luxury for two or more hours. «Romantik» or «Ticino candeletto» are just two of the 5 light and music concepts that we can set up individually for you. You can also treat yourself to culinary delicacies in your own SPA suite. Our SPA team will be happy to inform you about treatment offers in the SPA suite.

### SPA-Suite Onsernone, 69m²

Whirlpool, steam bath and sauna	120 min.	300.–
every additional hour		100.–

## DAY-SPA

Spend unforgettable days at Castello «SPA & Beauty» and let us spoil you.

Full Day-SPA	8 hours	120.–
Half Day-SPA	4 hours	80.–

Our Day-SPA offers have to be booked in combination with a treatment.  
Please book your Day-SPA at least two days in advance.